

19. Lighten, heavy heart, thy spright Thomas Campion

Light- en hea- vy heart, thy sprite, The joys re- call that thence are fled:
From her cave rise all dis- tastes, Which un- re- solv'd des- pair pur- sues;

[illegible]

[10]

Tune thy tem- per to these sounds, And quick- en so thy joy- less mind;
 Skies are clear'd with stir- ring winds, Th'un- mov- ed wa- ter moor- ish grows;

a a a r a a a r a a a
 a e a r a b r r a r r a
 r r r r a a

15

Sloth the worst and best con- founds, It is the ru- in of man- kind.
 Ev- 'ry eye much plea- sure finds To view a stream that bright- ly flows.

Handwritten musical notation on a five-line staff with a treble clef and a key signature of one sharp (F#). The melody consists of eighth and sixteenth notes, with some beamed groups. Below the staff, there are two lines of handwritten rhythmic notation: a series of vertical strokes and beams, and a series of letters (r, a, b) and numbers (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15) indicating fingerings or articulation.